Te Whatu Ora Health New Zealand Waitematā



# **RUN DESCRIPTION**

POSITION:	House Officer	
DEPARTMENT:	Harbour Hospice Hibiscus	
PLACE OF WORK:	Harbour Hospice Hibiscus – 2a John Dee Crescent, Red Beach	
RESPONSIBLE TO:	Palliative Care Medical team at Harbour Hospice Hibiscus for day to day supervision, clinical and training matters, and the Medical Team Leader of Harbour Hospice Hibiscus for operational workplace matters.	
FUNCTIONAL RELATIONSHIPS:	Clinical and non-clinical staff of Harbour Hospice Hibiscus, patients, their families and whānau referred to Harbour Hospice, community and hospital based healthcare workers and services. The broader training and employment structure of HNZ Waitemata, especially the	
	Director of Clinical Training (DCT), Pre-vocational educational supervisor (PES), run Clinical Supervisors (CS) and the RMO Unit.	
EMPLOYMENT RELATIONSIPS:	Employed by Waitemata District and on secondment for the duration of the clinical attachment	
PRIMARY OBJECTIVE:	Learning about community based care through experience outside the hospital system, including involvement in the medical and holistic management of both community outpatients and inpatients for Harbour Hospice Hibiscus within the wider community healthcare network.	

RUN RECOGNITION:	The clinical attachment offered by Harbour Hospice Hibiscus will provide the House Officer with experience in a community and inpatient setting and will meet MCNZ requirements for prevocational RMOs to experience community based attachments within prevocational training.

RUN PERIOD:     3 months
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#### Background:

Harbour Hospice Hibiscus provides specialist palliative care for patients, families and whānau living in the Hibiscus Coast, covering a large geographical area including North to Warkworth/Wellsford and West through to Kaukapakapa. The Harbour Hospice's mission is to empower a community where people live well, grieve with hope and die with dignity. The Harbour Hospice values of Compassionate (Aroha), Professional (Tauikanga) and Inclusive (Mō te katoa) are woven into all aspects of care and how they interact with each other.

Patients eligible for specialist palliative care include those with active, progressive, advanced disease for whom the prognosis is limited and whose focus of care is quality of life and who have a level of need that exceeds the resources of the primary health care team. Eligibility is based on need, not diagnosis, and patients with malignant and non-malignant diseases may be referred for palliative care.

Care is delivered at patients' homes and in the inpatient facilities. Harbour Hospice Hibiscus has a 6 bed inpatient unit offering both acute and respite care. Harbour Hospice has a further 9 bed Inpatient Unit at Shea Terrace, Takapuna and day respite care is also offered at Tui House, Warkworth.

Services include medical and nursing care, counselling, social work, cultural and spiritual support, occupational therapy, day groups, training programmes and more to help people live every moment in whatever way is important to them. The hospice service has close links with North Shore Hospital Specialist Palliative Care Team as well as other community services (hospices, cancer society, district nursing services, aged residential care), providing palliative care. Liaison with these services and the patient's general practitioner (GP) is routine.

Harbour Hospice is partly funded by Te Whatu Ora – Waitematā and partly funded through community donations and fundraising. The daily reality of fundraising will enable learning about funding models of healthcare.

## Section 1: House Officer's Responsibilities

Training will occur at Harbour Hospice - Hibiscus – 2a John Dee Crescent, Red Beach and within patients' homes. House Officers will have the opportunity to visit patients in their homes or at the Tui House, Warkworth. All community visits will be conducted with another registered clinical practitioner – either a Palliative Medicine Specialist, one of the other doctors or nurses.

The general requirement for attachments is to ensure a range of relevant experience.

Supervision will ensure that House Officers' learning is objective-based, targeted to House Officers' learning needs, and that there is application of the principles of cultural appropriateness to practice.

The House Officer will be allocated time to review and become familiar with Harbour Hospice safety standards, which will be covered during the orientation period at the beginning of the attachment. Workplace safety issues are the responsibility of the providers, and House Officers will conform to the practice's safety standards. The HO is under the supervision and direction of the Vocationally Registered Doctors working with them. This may be a Palliative Medicine Specialist or a GP with Special Interest in Palliative Medicine (GPSI).

Area	Responsibilities	
General	<ul> <li>Understand the philosophy and objectives of Harbour Hospice Hibiscus and set goals for practice within this framework.</li> </ul>	
	<ul> <li>Work in a manner that demonstrates an awareness of and sensitivity to individual patient and whānau needs. This includes cultural diversity and the impact that may have on health goals unique to that patient and whānau and will require an understanding of Māori health goals and working in accordance with the principles of the Treaty of Waitangi in addition to many other cultural groups including multiple Pacific and Asian cultures.</li> </ul>	
	<ul> <li>Work closely with members of the multidisciplinary team in provision of assessments and care plans for patients.</li> </ul>	
	Undertake diagnostic and treatment procedures.	
	<ul> <li>Monitor and review management plans in accordance with changes in the clinical condition of patients.</li> </ul>	
	<ul> <li>Maintain a high standard of communication with patients, patients' families and whānau.</li> </ul>	
	<ul> <li>Maintain a high standard of communication with hospital and community health professionals and other staff.</li> </ul>	
	<ul> <li>Inform their supervisor of the status of patients especially if there is an unexpected event.</li> </ul>	
	<ul> <li>Attend scheduled multidisciplinary team review rounds, medical team and departmental meetings.</li> </ul>	
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Area	Responsibilities	
Inpatients	<ul> <li>Provide initial assessment and management plan for in-patients referred to the palliative care service.</li> </ul>	
	<ul> <li>Discuss new assessments, management plans and clinical problems with Palliative Care Consultant or GPSI responsible for clinical work that day.</li> </ul>	
	Document assessment summaries and management plans in patients' clinical notes.	
	<ul> <li>Ensure palliative care records including discharge summary are sent to community palliative care providers and the patient's GP on discharge of patient from the inpatient unit.</li> </ul>	
Outpatients	All consultations with community patients or outpatients will be in close association     with the Palliative Medicine Specialist responsible for the community team on that day	
	• Any home visits will be done with the Specialist, GPSI or Senior Nurse in attendance.	
	<ul> <li>Assess and develop management plans for patients referred for medical review.</li> </ul>	
	<ul> <li>Arrange and perform outpatient investigations and ensure appropriate follow-up.</li> </ul>	
	<ul> <li>Document assessment summaries and management plans.</li> </ul>	
	<ul> <li>Communicate with patient's GP and other relevant community services following the consultation.</li> </ul>	
Professionalism	• Exhibit a high standard of professional behaviour, including demonstrating reliability and accountability, timely and respectful clinical communication and documentation, effective teamwork, a commitment to continuing education and quality improvement, and an understanding of limitations and appropriate consultation/referral to more experienced/senior colleagues as needed.	
	<ul> <li>Understand and demonstrate Harbour Hospice's values - compassionate, professional and inclusive Notify the Harbour Hospice Hibiscus staff well in advance of any planned absences, and as soon as possible for unplanned absences.</li> </ul>	
Cultural safety	<ul> <li>Reflect on how one's own views, values and biases impact on clinical interactions ar patient care.</li> </ul>	
	<ul> <li>Demonstrate understanding of diverse socio-cultural realities, beliefs, values and practices, to ensure respectful interactions with patients and culturally relevant and responsive management plans.</li> </ul>	
	• Demonstrate knowledge and understanding of Te Tiriti o Waitangi and its application in health in terms of the articles and principles.	
	Apply a Treaty-based approach in all work practices.	
	<ul> <li>Demonstrate a clear understanding of inequities in health for Māori and the factors that contribute to inequities.</li> </ul>	
	<ul> <li>Strengthen knowledge and confidence to address Māori health inequities.</li> </ul>	
Health and Safety	<ul> <li>Apply Health and Safety knowledge and skills to all work practices to ensure compliance with the Health and Safety at Work Act 2015 and any subsequent amendments or replacement legislation:</li> </ul>	
	Is familiar with all policies and procedures as they affect the work environment.	
	• Ensure that safe working procedures are practised, and no person is endangered through action or inaction.	
	• Is aware of and can identify hazards and take action, accordingly, including preventing or minimising the adverse effects of hazards.	
	<ul> <li>Ensure that all incidents including near misses are reported within the required timeframe using the Harbour Hospice and/or Waitemata District incident reporting system.</li> </ul>	
	<ul> <li>Actively participate in health and safety programmes, through input into meetings and feedback through committee structures as needed/ asked</li> </ul>	
Administration	Maintain a satisfactory standard of documentation in the files of patients.	
	Participate in research and audit as agreed with training supervisor	

Area	Responsibilities	
	Contribute to feedback about their experience to their employing district on completion of the placement. Copies of this report will go to Harbour Hospice Hibiscus House.	

#### Learning Environment

Training is on an apprenticeship model, and much learning is by example and experience through increasing participation. The example set by the Harbour Hospice Hibiscus staff strongly influences the quality of the learning experience. This requires both good role modelling by the clinical supervisors and active participation by the HO, with constructive feedback given to the HO. It is essentially a 'hands-on' placement where the HO will contribute to the work of Harbour Hospice.

The learning opportunities will include:

- Patient and whānau centred care
- Teamwork in a community environment
- Concept of death, dying and end of life care
- Barriers and enablers to healthcare access, particularly themes of socioeconomic deprivation, health literacy, and equity
- Flexibility and responsiveness
- Healthcare within people's homes and communities
- Impact of funding and fundraising on service provision
- Serving a diverse community: culture, gender, ethnicity, age, identity

Supervision and guidance will be provided for clinical, communication, procedural and teamwork skills.

#### **Environment**

- Harbour Hospice-Hibiscus covers a wide geographical area, including all of the Hibiscus Coast, North up to Warkworth/Wellsford and West through to Kaukapakapa.
- The House Officer will primarily work at the Harbour Hospice Hibiscus, however, they will also have the opportunity to conduct home visits and work at Tui House, Warkworth. All community visits will be undertaken with another doctor or nurse.

#### **Clinical Supervision**

A vocationally registered doctor will be the attachment clinical supervisor, and available for ePort, support and debriefing. The primary supervisor or an alternate delegated clinical supervisor will be available on site to the House Officer; there may be occasional times, and only by exception, when supervision is by phone. The attachment is provided on the basis of a minimum of two vocationally registered doctors being able to contribute to run supervision as needed.

At PGY2 level HOs require a high degree of supervision and support. Supervision will be provided by the Hospice team: doctors and associated clinical and administrative staff. The clinical supervisors will accept responsibility for direct supervision on a day-to-day basis for the learning needs and the provision of clinical care during the attachment and will make regular and as needed reports to the Attachment Clinical Supervisors.

The House Officer will work with the clinical supervisors and their delegates. All supervisors will:

- Create and maintain a suitable individual learning environment
- Act as a mentor as required
- Ensure that a wide range of opportunities for clinical skill development are available
- Ensure that the HO has a level of supervision appropriate to their needs.
- Provide guidance to the HO on the development of clinical strategies, attainment of knowledge, and skills objectives.
- Provide guidance and advice to HO on the cultural appropriateness of care.
- Assist the HO towards timely completion of ePort requirements, including meetings and assessments
- Work with the DCT and PES as required
- Arrange for an alternative supervisor to cover any periods of absence

#### **Expected Outcomes**

- The HO will gain meaningful experience of community healthcare with a focus on palliative care and be more aware of the community provider/hospital interface, and the interface between health professionals across the Waitemata District.
- The HO will gain both clinical knowledge and skills, and an understanding and appreciation of different organisations frameworks, priorities, and work
- HO will have contributed to the work of Harbour Hospice Hibiscus during their placement. HO will
  report on their experience to their employing district on completion of the placement and contribute
  to run feedback. Copies of this feedback will also go to Harbour Hospice when sufficient data is
  available to be anonymous (unless urgent need for earlier).

It is anticipated that this position will be recognized as rewarding and will enhance community career options for the HOs.

### **Section 3: Weekly Schedule**

The House Officer's ordinary hours of work are 0800 – 1630, which includes a 30 minute unpaid lunch break that can be taken away from the community provider.

Clinical work includes clinical review of inpatients, admitting and clerking patients, attending family and MDT meetings, involvement in discharge planning, discharge and other appropriate letters and patient summaries, case reviews and audit activities. There will be an opportunity and expectation to accompany community team members on home visits.

In addition to activities shown in the weekly schedules (timetabling of which may be subject to change) the House Officer will be allocated to clinical activities and non-clinical activities.

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	8:15 – MDT IPU Clinical Work	8:15 – Handover Clinical Work	8:15 – Handover 8:45 Community MDT Clinical Work	8:15 – MDT IPU 8:30 Clinical review meeting Clinical Work	8:15 – Handover Clinical Work
3:00 pn Club / F		Clinical work 3:00 pm Journal Club / Peer Review Meeting (fortnightly)	Clinical work	Clinical work	

## Section 4: Cover and Leave

There is one House Officer on this run and there is a GPSI or Palliative Medicine Specialist available on-site or via phone during all hours that the House Officer is required to work.

Cover for planned or unplanned leave is provided by the community provider.

	House Officer	Community Provider and Waitemata District	
	The House Officer will:	The Community Provider will;	
	Apply for leave both to Harbour Hospice Hibiscus and RMO Unit as soon as possible, minimum 6 weeks in advance	<ul> <li>Arrange cover for leave if needed once Waitemata has confirmed that the leave request has been approved.</li> <li>Ensure Waitemata is informed of all planned and unplanned leave</li> </ul>	
•	Submit leave application to the RMO Unit		
	Inform both Harbour Hospice and Waitemata RMO Unit of all unplanned leave as soon as possible and conform with standard CA expectations.		

## Section 5: Training and Education:

Nature	Details	
Protected Training Time	<ul> <li>Protected training time of one to two full days per attachment to attend PGY2 workshops at North Shore Hospital. This is in addition to any local teaching opportunities. Professional development of a House Officer's skills and knowledge will also occur during the run. The House Officer will attend the following teaching (unless attendance is required for acute admitting or a medical emergency):</li> <li>Harbour Hospice community review meetings (Thursday 8:30 am)</li> <li>Harbour Hospice Clinical Case Reviews (2 Monthly)</li> <li>Journal Club/Peer Review (Fortnightly, Wednesday 3 pm)</li> </ul>	
The House Officer is expected to learn together with nursing, technical staff and other medical staff when requested.		

• The House Officer will receive an orientation to Harbour Hospice which will include mandatory training, such as health & safety, cyber security, and other e-learning and in-person sessions.

## Section 7: Performance appraisal

House Officer	Community Provider
<ul> <li>The House Officer will:</li> <li>At the beginning of the run meet with their designated Clinical Supervisor to discuss goals and expectations for the run.</li> <li>Meet with their designated Clinical Supervisor at the mid run (6-7weeks) and end of run (week 12-13) to discuss progress, learning needs and goals and any remedial action required</li> <li>After any assessment that identifies deficiencies, implement a corrective plan of action in consultation with their Clinical Supervisor.</li> <li>At end of run complete a feedback assessment of the run.</li> <li>If a prevocational trainee, use ePort to record all meetings and assessments</li> <li>Meet with their PES and/ or DCT as per usual prevocational process</li> </ul>	<ul> <li>The community provider will:</li> <li>An initial meeting between the Clinical Supervisor and House Officer to discuss goals and expectations for the run.</li> <li>An interim assessment report on the House Officer midway through the run, after discussion between the House Officer and the Clinical Supervisor responsible for supervision.</li> <li>The opportunity to discuss any deficiencies identified during the attachment. The Supervisor responsible for the House Officer will bring these to the House Officer's attention and discuss and implement a plan of action to correct them.</li> <li>A final assessment report on the House Officer at the end of the run, a copy of which is to be sighted and signed by the House Officer.</li> <li>Use ePort to record all meetings and assessments if the House Officer is a prevocational trainee</li> <li>Liaise with and escalate any concerns to the CS, PES or DCT in a timely way</li> </ul>

## Section 8: Hours and Salary Category

Average Working Hours		Service Commitments
Basic hours (Mon-Fri)	40	The Service, together with RMO Workforce Operations Team will be responsible for the preparation of any rosters.
Rostered additional hours (inc. nights, weekends & long days)	0	
All other unrostered hours	2	
Total hours per week	42	

Salary: The salary for this attachment will be as detailed as an F run category.