





POSITION:	House Officer		
DEPARTMENT:	Mental Health and Addiction Services – Adult Inpatient Services		
PLACE OF WORK:	This run description applies to positions within: Waiatarau Unit, [Acute Adult Inpatient] Waitakere Hospital, and He Puna Waiora [Acute Adult Inpatient] North Shore Hospital		
RESPONSIBLE TO:	Adult Mental Health Service Clinical Director, SMHAS, Waitemata DHB Director of the Specialist Mental Health and Addiction Service, including for on-call after-hours work.		
FUNCTIONAL RELATIONSHIPS:	Health care consumers, hospital and community based mental health care workers.		
PRIMARY OBJECTIVE:	To facilitate the care of tangata whai i te ora in the Mental Health and Addictions Services.		
RUN RECOGNITION:	These clinical attachments are accredited by the New Zealand Medical Council for Prevocational Training.		
RUN PERIOD:	3 months		

# **Section 1: House Officers Responsibilities**

Area	Responsibilities
Clinical Duties & Work Schedule	House Officers will be responsible for the day to day management of tangata whai I te ora, as follows:
	To carry a caseload in consultation with the Registrar and/or Consultant. This will be somewhat smaller than the caseload carried by the team's registrar[s].
	For all tangata whai i te ora:
	To monitor, in conjunction with the Registrar and/or Consultant, changes in the mental state of current tangata whai i te ora
	<ul> <li>To maintain adequate clinical records, and complete referrals and discharge paperwork and summaries.</li> <li>To help arrange further psychosocial input and family/whānau meetings, together with the clinical team.</li> </ul>
	To arrange basic medical care and investigations as appropriate for tangata whai i te ora in setting(s) to which attached, in conjunction with registrar(s) and consultant (s).
	To liaise with the GP/ other primary care provider at admission and discharge, and otherwise as needed.
	In respect of acute admissions [in those units where this applies] the House Officer will:
	<ul> <li>Consult with the Registrar [or the Consultant] about all tangata whai i te ora patients for admission and may undertake initial psychiatric assessment and examination, where this is felt to be appropriate.</li> </ul>
	Consult with the Registrar or Consultant regarding any management or treatment plans before implementing these.
	The House Officer will be responsible for assisting as necessary with any medical emergencies.
	Ensure that necessary information is handed over to RMO or other colleagues at the end of the shift, sufficient to enable continuity of care and attention to priority tasks.
Other Duties	Occasionally opportunities will arise for involvement in improvement activity and service development. These will be negotiated individually with the RMO, with consideration of clinical and teaching/training requirements of the attachment.

Administration	<ul> <li>Maintain a satisfactory standard of documentation in the files of tangata whai i te ora in accord with accepted standards for clinical records.</li> </ul>
	Be responsible for certifying death and complete appropriate documentation;
	<ul> <li>At the direction of the Clinical Director, assist with operational research in order to enhance the performance of the Service;</li> </ul>
	<ul> <li>Participate in informed consent procedures within the framework of the Medical Council guidelines which state:</li> </ul>
	<ol> <li>"The practitioner who is providing treatment is responsible for obtaining informed consent beforehand for their patient. The Medical Council believes that the responsibility for obtaining consent always lies with the consultant – as the one performing the procedure, they must ensure the necessary information is communicated and discussed."</li> </ol>
	<ol><li>"Council believes that obtaining informed consent is a skill best learned by the house surgeon observing consultants and experienced registrars in the clinical setting. Probationers should not take informed consent where they do not feel competent to do so.</li></ol>
	<ul> <li>If absent due to unexpected circumstances (e.g. health, other), contact the RMO Coordinator or On Call Mental Health Manager directly as well as the Consultant to whom the House Officer is clinically responsible in the absent duty.</li> </ul>
	<ul> <li>As an RMO working at WDHB you will be provided with a Concerto login and a WDHB email account which will be used for all work related communication. It is your responsibility to ensure you check this regularly.</li> </ul>

# **Section 2: Training and Education**

Nature	Details
Protected Time	Professional development of a House Officers skills and knowledge should occur during the run. All House Officers must attend their departmental meetings. The House Officer will attend the following weekly teaching (unless attendance is required for acute admitting or a medical emergency):
	<ul> <li>HO Teaching ProgrammeTuesday 08:30-09:30, Conference Room 1, NSH and Kawakawa Room WTH +available via zoom (unless advertised otherwise). This is protected teaching time with the handing in o the pagers. Any urgent messages will be redirected to the team registrar.</li> </ul>
	<ul> <li>Practical Skills Training- Monday 1200-1400 hours, Seminar Room 1, Learning and Development, NSH (unless advertised otherwise). Consists of six different training modules run on a repeat cycle throughout the year. These modules have been designed to assist RMOs to maintain their skills in different ACLS procedures and practical skills. House Officers are expected to attend each module at least once during the training year.</li> </ul>
	<ul> <li>Grand Round is Tuesday 12.30 – 13.30 at North Shore Hospital.</li> </ul>
	<ul> <li>Mental Health Journal Club [W] Tuesdays 1330 Level 2, Waimarino, 33 Paramount Drive or Fridays 0930 at 44 Taharoto Road, (or zoom)</li> </ul>

# **Section 3: Roster**

Hours of Work

#### Ordinary hours:

Ordinary hours of work are 40 hours per week Monday - Friday between 0730 - 1630 This includes a  $\frac{1}{2}$  hour unpaid lunch break which can be taken away from the site.

#### After hours

Acute Admitting Monday – Friday. Own service 0730 – 1630 and acute admitting 1630 - 2300 Acute Admitting Saturday – Sunday 0900 - 2300

- House Officers are expected to be on site for their after hour duties. These sites include Mason Clinic (Forensics), North Shore
  Hospital campus, and Waitakere Hospital campus.
- There are no night shifts expected in this rotation

# **Section 4: Cover**

### Other Resident and Specialist Cover

Clinical attachments are to multidisciplinary teams and include one or more Psychiatric Registrars and Specialist Psychiatrists. All doctors carry locators and many also have cell phones. Contact numbers are available via the North Shore exchange. The Forensic psychiatrist can be contacted via the Mason Clinic switchboard or the North Shore exchange.

Roster cover is provided in conjunction with Psychiatric Registrars and Psychiatrists.

For all long day shifts there are two House Officers rostered across North and West Psychiatry services to enable the House Officer time to participate in psychiatric assessment after-hours including joining the crisis team and liaison team.

The workload associated for medical cover for Psychiatric inpatient units is however for one House Officer. At times due to

unexpected or short notice absence, after hours cover may reduce to minimum staffing levels of one House Officer per day. Where this occurs the cover for Liaison/ED and crisis teams will be removed from the House Officer role as shown below.

## North Psychiatry HO Cover:

- KMU
- He Puna Waiora
- Liaison/ED (removed if only one HO is rostered to the long day)
- Crisis team (removed if only one HO is rostered to the long day)

### West Psychiatry HO Cover:

- Mason Clinic
- Waiatarau
- Liaison/ED (removed if only one HO is rostered to the long day)
- Crisis team (removed if only one HO is rostered to the long day)

# **Section 5: Performance appraisal**

House Officer	Service
House Officer  The House Officer will:  At the outset of the run, meet with their designated consultant to discuss goals and expectations for the run, review and assessment times, and one on one teaching time.  After any assessment that identifies deficiencies implement a corrective plan of action in consultation with their consultant.	The service will provide:  An initial meeting between the Clinical Supervisor and House Officer to discuss learning objectives and expectations for the run, review and assessment times, and teaching.  An mid-run meeting and assessment report on the House Officer six (6) weeks into the run, after discussion between the House Officer and the Clinical Supervisor  The opportunity to discuss any deficiencies identified during the attachment. The Clinical Supervisor responsible for the House Officer will bring these to the House Officer's attention, and discuss and implement a plan of
	<ul> <li>An end of run meeting and final assessment report on the House Officer, a copy of which is to be sighted and signed by the House Officer.</li> <li>For PGY 1 and PGY 2 end of run meetings and assessments will be documented electronically via e- port</li> </ul>

## **Section 6: Hours and Salary Category**

### He Puna Waiora (North-Psych)

Average Working Hours		Service Commitments
Basic hours	40.0	
Rostered additional hours (inc. nights, weekends & long days)	11.14	
All other unrostered hours  To be confirmed by a run review	ТВС	
Total hours per week	51.14	

**Salary**: The salary for this attachment will be detailed as a Category D.

Total hours fall below the mid of the salary band. Run will therefore be remunerated as a category D run until the unrosterd hours can be confirmed by a run review

# Waiatarau (West-Psych)

Average Working Hours		Service Commitments
Basic hours	40.0	
Rostered additional hours (inc. nights, weekends & long days)	10.06	
All other unrostered hours  To be confirmed by a run review	ТВС	
Total hours per week	50.06	

**Salary**: The salary for this attachment will be detailed as a Category D.

Total hours fall below the mid of the salary band. Run will therefore be remunerated as a category D run until the unrosterd hours can be confirmed by a run review