

# **RUN DESCRIPTION**

| POSITION:                    | House Officer (Ward 2)  |  |  |
|------------------------------|---|--|--|
|                              |   |  |  |
| DEPARTMENT:                  | General Medicine / Cardiology, Medical Services.  |  |  |
|                              |   |  |  |
| PLACE OF WORK:               | Counties Manukau District Health Board including Middlemore Hospital and other related sites.                   |  |  |
|                              |   |  |  |
| RESPONSIBLE TO:              | Service Manager and Clinical Director through their supervising Consultant(s) and the Clinical Head.            |  |  |
|                              |   |  |  |
| FUNCTIONAL<br>RELATIONSHIPS: | Health care consumers. Hospital and community based health care workers.  |  |  |
| 1                            |   |  |  |
| PRIMARY OBJECTIVE:           | To facilitate the management of inpatients under the care of Cardiology and General Medicine, Medical Services. |  |  |
|                              |   |  |  |
| RUN RECOGNITION:             | This clinical attachment is accredited by the New Zealand Medical Council for Prevocational Training.           |  |  |
|                              |   |  |  |
| RUN PERIOD:                  | 13 weeks  |  |  |

# Section 1: House Officer's Responsibilities

| Area            | Responsibilities  |  |  |
|-----------------|---|--|--|
| Clinical Duties | The House Officer will attend acute and elective admissions to the Department, write clear admitting notes, construct a problem list and request basic investigations.  |  |  |
|                 | • The House Officer will attend ward rounds when rostered on duty under the supervision of the team SMO and Registrar and will actively participate in the management of patients, following Consultant and Registrar advice. The House Officer is encouraged to perform at least one ward round per week on his/her own, reporting any concerns to the Registrar at the conclusion of the round. (This should occur at least when the Registrar attends a morning clinic.) The House Officer is expected to liaise with the other health professionals in the unit to ensure the required level of coordinated care to patients. This may include meeting each morning with the Charge Nurse of their unit. House Officers are expected to ensure their patients are safely and efficiently handed over. |  |  |
|                 | The House Officer will maintain a high standard of communication with patients, patients' families and staff. The House Officer will confer with other clinical team members regarding discharge planning and progress of patients.   |  |  |
|                 | The House Officer will attend evening acute admitting and ward call duties according to the roster, approximately one evening per week. The House Officer will participate in the night cover roster (within limits for first year House Officers prescribed by the Medical Council).   |  |  |
|                 | The House Officer will work with one of the two General Medicine Registrars on the ward to admit both General Medicine patients and Subspecialty patients (Cardiology, Rheumatology) to the ward when rostered on call. The House Officer is also expected to perform ward calls on patients in their ward if on for General Medicine but across 3 wards if on call in the evening with the Subspecialty Registrar.   |  |  |
|                 | Clinical skills, judgement and knowledge are expected to improve during the attachment.   |  |  |
|                 | The role may involve supervision of treadmill tests.  |  |  |
|                 | Opportunities for gaining additional Cardiology experience will be available.   |  |  |
|                 | CMDHB Clinical Board policies are to be followed at all times.  |  |  |
| Administration  | Legible notes will be written in patient charts on assessment / admission, daily on weekdays, on Consultant ward rounds and whenever management changes are made.   |  |  |
|                 | All instructions (including drugs, IV fluids and instructions for nursing) will be accurately and legibly recorded and legibly signed.  |  |  |
|                 | <ul> <li>Appropriate laboratory tests will be requested and results sighted and signed,<br/>and reported to the Registrar and/or Consultant if abnormal. A list will be<br/>prepared for the Radiology Department 24 hours in advance of the weekly team<br/>x-ray conference. Referrals will be made at the Consultant's request to other<br/>specialists/units, clearly stating the problem to be addressed. House Officers will<br/>attend and present patients at the weekly ward meeting.</li> </ul>   |  |  |
|                 | <ul> <li>Discharge documentation should be completed prior to the patient being<br/>discharged. Patients will receive a copy of the comprehensive Electronic<br/>Discharge Summary (EDS), a prescription, and follow up appointment if required.<br/>Where early GP follow up is anticipated or the case is complicated the House<br/>Officer should ensure the GP is updated by telephone.</li> </ul>  |  |  |
|                 | The House Officer may, at the Registrar's request, be responsible for completion of death certificates of patients who had been under their care.   |  |  |

| Area | Responsibilities  |  |  |
|------|---|--|--|
|      | The House Officer is expected to attend the Division of Medicine's weekly clinical meeting. There is mandatory attendance at the monthly Mortality Review Meeting and the quarterly Orientation and Quality Assurance meetings (unless on urgent clinical duties).  |  |  |
|      | Obtain informed consent for procedures within the framework of the Medical Council guidelines which state:  |  |  |
|      | <ol> <li>"The practitioner who is providing treatment is responsible for obtaining<br/>informed consent beforehand for their patient. The Medical Council believes<br/>that the responsibility for obtaining consent always lies with the consultant –<br/>as the one performing the procedure, they must ensure the necessary<br/>information is communicated and discussed."</li> </ol> |  |  |
|      | <ol> <li>"Council believes that obtaining informed consent is a skill best learned by<br/>the house surgeon observing consultants and experienced registrars in the<br/>clinical setting. Probationers should not take informed consent where they do<br/>not feel competent to do so."</li> </ol>  |  |  |
|      | If absent due to unexpected circumstances (e.g. health, other), contact the RMO Support Unit or if after hours, the Duty Manager directly as well as the Consultant to which the registrar is clinically responsible in the absent duty.  |  |  |
|      | As an RMO working at CMDHB you will be provided with a Clinical Portal login and CMDHB email account which will be used for all work related communication. It is your responsibility to ensure you check this regularly.   |  |  |

# **Section 2: Training and Education**

|      | Monday  | Tuesday                           | Wednesday                  | Thursday   | Friday   |
|------|---|-----------------------------------|----------------------------|--|--|
|      |   |                                   |                            |  |  |
| a.m. | 0800 – Medical<br>Handover                        | 0800 – Cardiology<br>journal club | 0800 – Medical<br>Handover | 0800 – Medical<br>Handover,<br>Cardiology quality<br>meeting/M and M | 0800 – Medical<br>Handover/Cardiolog<br>y handover meeting |
| p.m. | 1215 – SACS<br>Lecture Series<br>(every 4th week) | 1400 – House Officer<br>Teaching  |                            | 12.15 – Medical<br>Grand Round                                       |  |

Note: dates and times for the sessions above may change.

Other teaching is available depending on the sub-speciality of interest. Please refer to the intranet (Paanui) for days and times.

## Education

There will be a minimum of 3 hours educational sessions per week including medical ward rounds and the weekly House Officer teaching session. Occasionally, urgent medical commitments may interrupt these meetings.

#### Research

It is not anticipated that the House Officer will be involved directly in any research, but they may need to be involved in clinical documentation eg physical examinations on some patients who may be currently in clinical trials, or in clinical audit and other quality activities.

#### Section 3: Roster

#### Roster

SUMMER: (Quarter 1 and 2)

- Up to 4 long days in 4 weeks Monday to Friday 0800-2230
- 1 in 4 weekends 1x 0800-2230, 1 x 0800-1600
- Up to 14 nights in 13 weeks \* 2200-0800
- Monday to Friday 0800-1600

During the summer roster there will be 2 House Officers rostered to night duty to cover for General Medicine, Medical Specialties, AT&R and Mental Health Services for Older People (Ward 35).

WINTER: (Quarter 3 and 4)

- Up to 4 long days in 4 weeks Monday to Friday 0800-2230
- 1 in 4 weekends 1x 0800-2230, 1 x 0800-1600
- Up to 14 nights in 13 weeks \* 2200-0800
- Monday to Friday 0800-1600

During the winter roster there will be 3 House Officers rostered to night duty to cover for General Medicine, Medical Specialties, AT&R and Mental Health Services for Older People (Ward 35).

During an after hours shift, the participants on this run will contribute to an after hours team. The house officers will work generically across General Surgery, Orthopaedics, Plastic Surgery, General Medicine, Medical Specialties and Mental Health Services for Older People (Ward 35) over this time, however will work in their designated service wherever possible. House Officers will assist with admitting when ward duties are complete.

\*First year house surgeons (class 1 and 2 probationers) shall not do night shifts in first six months of employment, unless they have completed a general medical run in which circumstance they will not be rostered onto nights for the first three months of employment.

## **Section 4: Cover**

#### Other Resident and Specialist Cover

From 8am to 8pm Monday to Friday a Senior Medical Officer is based in Emergency Care.

The B Call Consultant is on call to come back to the hospital if required from 4pm to 8am the following day.

# **Section 5: Performance appraisal**

| House Officer   | Service  |
|---|--|
| The House Officer will:   | The service will ensure:   |
| At the outset of the run meet with their designated Clinical supervisor to discuss their learning objectives and expectations for the run, review and assessment times, and one on one teaching time. | <ul> <li>An initial meeting between the Clinical Supervisor<br/>and House Officer to discuss learning objectives<br/>and expectations for the run, review and<br/>assessment times, and one on one teaching time;</li> </ul>   |
| After any assessment that identified deficiencies, implement a corrective plan of action in consultation with their Clinical Supervisor.  | <ul> <li>A mid-run meeting and assessment report on the<br/>House Officer six (6) weeks into the run, after<br/>discussion between the House Officer and the<br/>Clinical Supervisor responsible for them;</li> </ul>  |
|   | <ul> <li>The opportunity to discuss any deficiencies<br/>identified during the attachment. The Clinical<br/>Supervisor responsible for the House Officer will<br/>bring these to the House Officer's attention, and<br/>discuss and implement an agreed plan of action to<br/>correct them;</li> </ul> |
|   | <ul> <li>An end of run meeting and final assessment report<br/>on the House Officer, a copy of which is to be<br/>sighted and signed by the House Officer.</li> </ul>  |
|   | <ul> <li>For PGY 1 and PGY 2 end of run meetings and<br/>assessments will be documented electronically via<br/>e-port.</li> </ul>  |

### **Section 6: Hours and Salary Category**

### **Summer Roster**

In accordance with clause 12.1.2b of the SToNZ MECA, where there are week days completely free from rostered duties (RDOs), these days shall not be counted in the ordinary hours calculation as part of the run category. This excludes sleep recovery days that fall Monday through Friday. This will apply in the following circumstances:

- As per Appendix 3: Transition Provisions Translation to the Salary Categories in Clause 12 of the SToNZ MECA, where an RMO joins SToNZ and the published roster has weekday RDOs and these will be observed
- 2. There are week day RDOs as part of the roster

Where this applies the category for the run is set out below:

| Average Working Hours - STONZ Run Category (RDO's are observed) |       | Service Commitments  |
|---|-------|--|
| Ordinary Hours (Mon-Fri)  | 40    | The Service, together with the RMO Support will be responsible for the preparation of any Rosters. |
| RDO Hours   | -3.81 |  |
| Rostered Additional (inc. nights, weekends & long days)         | 14.71 |  |
| All other unrostered Hours                                      | 3.71  |  |
| Total Hours   | 54.61 |  |

Salary: The salary for this attachment will be detailed as a Category D run.

Where no weekday RDOs are observed, the following run category will apply:

| Average Working Hours - SToNZ Run Category (RDO's are worked) |       | Service Commitments  |
|---|-------|--|
| Ordinary Hours  Rostered Additional (inc.                     | 40    | The Service, together with the RMO Support will be responsible for the preparation of any Rosters. |
| nights, weekends & long days)                                 | 14.71 |  |
| All other unrostered hours                                    | 3.71  |  |
| Total Hours   | 58.42 |  |

Salary: The salary for this attachment will be detailed as a Category C run.

### **Winter Roster**

In accordance with clause 12.1.2b of the SToNZ MECA, where there are week days completely free from rostered duties (RDOs), these days shall not be counted in the ordinary hours calculation as part of the run category. This excludes sleep recovery days that fall Monday through Friday. This will apply in the following circumstances:

- As per Appendix 3: Transition Provisions Translation to the Salary Categories in Clause 12 of the SToNZ MECA, where an RMO joins SToNZ and the published roster has weekday RDOs and these will be observed
- 2. There are week day RDOs as part of the roster

Where this applies the category for the run is set out below:

| Average Working Hours - STONZ Run Category (RDO's are observed) |       | Service Commitments   |
|---|-------|---|
| Ordinary Hours (Mon-Fri)  | 40    | The Service, together with the RMO Support will be responsible for the preparation of any |
| RDO Hours   | -3.81 | Rosters.  |
| Rostered Additional (inc. nights, weekends & long days)         | 16.47 |   |
| All other unrostered Hours                                      | 5     |   |
| Total Hours   | 57.66 |   |

Salary: The salary for this attachment will be detailed as a Category C run.

Where no weekday RDOs are observed, the following run category will apply:

| Average Working Hours - SToNZ Run Category (RDO's are worked) |       | Service Commitments   |
|---|-------|---|
| Ordinary Hours  | 40    | The Service, together with the RMO Support will be responsible for the preparation of any |
| Rostered Additional (inc. nights, weekends & long days)       | 16.47 | Rosters.  |
| All other unrostered hours                                    | 5     |   |
| Total Hours   | 61.47 |   |

Salary: The salary for this attachment will be detailed as a Category B run.