

RUN DESCRIPTION

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| POSITION: | Registrar 2nd year + |
| DEPARTMENT: | Mental Health Services CAMHS |
| PLACE OF WORK: | Early Psychosis Intervention Team (EPIT) , Whirinaki , 7 Springs rd, East Tamaki |
| RESPONSIBLE TO: | General Manager and Clinical Director, Mental Health Services through the supervising Consultant and Team Leader, EPIT |
| FUNCTIONAL RELATIONSHIPS: | Health care consumers, Hospital & Community based health care workers, Primary Health Care workers, GP's |
| NATURE OF ATTACHMENT: | The attachment is to a multidisciplinary clinical team . At times this may include medical students and Trainee Interns. |
| PRIMARY OBJECTIVE: | To facilitate the management of young adults with early warning signs of psychosis, or first episode psychosis under the care of the Service. Service is currently covering entire CMDHB area. (Age range 16 – 30) |
| RUN RECOGNITION: | This attachment is recognised by RANZCP as a training position for specialist qualification. |
| RUN PERIOD: | 6 Months |

Section 1: Registrar's Responsibilities

| <i>Area</i> | <i>Responsibilities</i> |
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| General | <p>Clinical Duties:</p> <ul style="list-style-type: none"> • The Registrar is responsible to his/her supervising Consultant for the care and management of clients in their service area. • The Registrar will be available to attend the weekly multidisciplinary team meeting and will be available each morning for a 'handover' meeting with EPIT staff . The registrar will have a current knowledge of the progress of clients under his/her care. • The Registrar will ensure that the Consultant is informed of all significant events in the course of the care of clients under the care of the team (i.e relapse of symptoms, change in mental state, unusual laboratory findings, non-concordance with treatment etc) and will update the Consultant on any significant changes in client management. Registrar will be trained to do Initial Assessments of prospective clients, some of these assessments will take place at inpatient unit at Tiaho Mai. • The Registrar will be responsible for the day to day management of clients as follows: |

| Area | Responsibilities |
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| | <ul style="list-style-type: none"> ➤ the assessment of patients referred, including relevant assessment and ongoing management of mental health associated physical health issues ➤ the development and implementation of treatment plans, in conjunction with the client and caregivers, EPIT team members and the supervising Psychiatrist ➤ ongoing monitoring and review of treatment plans in accordance with changes in clinical condition of clients ➤ maintenance of adequate records for the documentation of assessment, treatment plans and ongoing review of clients, including rationale for such plans and reviews ➤ participation in a multidisciplinary approach to treatment <p>After-hours responsibilities</p> <ul style="list-style-type: none"> • Registrars participate in coverage of the mental health service outside of normal working hours, under the supervision of the on-call consultant. When rostered on after hours duty Registrars are required to be on site at Middlemore Hospital and will take calls for the whole of the service. This may include answering calls from Community Mental Health Nurses and General Practitioners and arranging to have clients assessed, if necessary. If Registrar assessment is required, this can be undertaken in a community setting or in Tiaho Mai. • Registrars provide assessment and review of clients presenting to and currently within the services. Functions in relation to the Mental Health Act will be discussed with the on call Psychiatrist. The on call Psychiatrist may involve the Director of Area Mental Health Services if necessary. • It is expected that during after hours duty registrars in one shift work collegially with a spirit of co-operation and flexibility in the allocation of clinical duties and share the workload when it is uneven or busy. This is to provide optimal registrar support and responsiveness to clients. • A call should routinely be made during the course of the duty (evenings and weekends) by the Registrar to inform the on-call psychiatrist of events which occur during the period of after hours duty. Issues to be discussed should include, but may not be limited to: <ul style="list-style-type: none"> ➤ new assessments made in the emergency department, where the person is not admitted ➤ admissions ➤ current inpatients who wish to discharge themselves against advice ➤ current inpatients who are absent without leave, and who are categorised as "A" category AWOL (or for whom no categorisation has already been determined) ➤ assessments made of people referred from within the general hospital wards ➤ other clinical problems requiring consultant support, as determined by the level of experience of the registrar • All calls in relation to children or adolescents will be discussed with the on-call Child Psychiatrist for the region • At all changes of duty adequate handover will be given to the |

| Area | Responsibilities |
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| | incoming Registrar in relation to matters arising on call. A ward round will be conducted in conjunction with the on call Psychiatrist at Tiaho Mai on weekends/public holidays. |
| Administration | <ul style="list-style-type: none"> • Maintenance of comprehensive documentation in clinical files, including: <ul style="list-style-type: none"> ➤ letters to other health professionals or agencies regarding assessments and treatment processes ➤ timely discharge summary letters ➤ medication orders, including prescriptions, medication updates and reasons for changes • Completion of any special documentation or database entry of health information as required by the Unit Consultant or Manager • Participation in weekly MDT meetings • Follow up laboratory and other investigations as necessary, using electronic systems and other records as appropriate • Check and attend to email correspondence on CMDHB email account in a timely manner • Obtain informed consent for procedures within the framework of the Medical Council guidelines (see footnote 1) • Contact the Team Manager/Service Manager to report any unplanned absences. • In consultation with the Clinical Director, assist with operational research in order to enhance the performance of the Service. |

Footnote 1

The practitioner who is providing treatment is responsible for obtaining informed consent beforehand for their patient. The Medical Council believes that the responsibility for obtaining consent always lies with the consultant – as the one performing the procedure, they must ensure the necessary information is communicated and discussed. Council believes that obtaining informed consent is a skill best learned by [the house surgeon] observing consultants [and experienced registrars] in the clinical setting. RMOs [Probationers] should not take informed consent where they do not feel competent to do so.

Section 2: Training and Education

| <i>Nature</i> | <i>Details</i> |
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| <i>Protected Time</i> | <p><i>The following educational activities will be regarded as part of normal duties (unless attendance is required for other duties as per roster)</i></p> <ul style="list-style-type: none"> • Orientation at the beginning of the run • Participation in the Registrar teaching programme, one full day per week during the academic semester [day dependent on registrar training year] as scheduled by the Regional Training Committee. When there is no scheduled programme, registrars are expected to attend to clinical duties unless otherwise negotiated with their supervising psychiatrist. • Attendance and participation at other service and unit based education sessions as scheduled, including Monday Journal Club. This will include at least one presentation by the registrar during the course of the rotation, in accord with current standards for such presentations and in conjunction with the supervising psychiatrist. • Participation in weekly Registrar group meetings with the Training Facilitator or Director • Attendance at least 1 hour of individual supervision (2 hours if first year trainee) each week with the supervising Psychiatrist, at a time to be arranged with the Psychiatrist. At least 4 hours of supervision of clinical practice will be provided each week. • Time will be given to enable participation in preparation to fulfil the examination requirements for FRANZCP Basic and Advanced training. |
| <i>Training and development activities</i> | <ul style="list-style-type: none"> • Opportunities are available for ECT training • A research project may be undertaken during the attachment, subject to the approval of the Clinical Director - Mental Health and Ethics Committee |
| <i>Training and development of other staff</i> | <ul style="list-style-type: none"> • Through example and supervision the Registrar will actively contribute to the education of House Officers, Trainee Interns and medical students when allocated to them. • The Registrar is expected when possible to provide education and/or training for staff of other disciplines in relation to aspects of medical/psychiatric assessment and treatment, within the service setting. |

Section 3: Roster

Roster

There are 14 Registrars and 2 relievers on the roster.

- Normal working hours are 8 hours between 0830 and 1630, Monday to Friday.
- Additional rostered hours are from 1630 – 2300 weekdays and 0830 to 2300 at weekends and public holidays. There is allowance for handover from 2230 to 2300 hours.
- Night duty is from 2230 to 0830 hours. Night duties are worked in separate periods of three and four nights.
- It is expected that registrars work collegially with a spirit of co-operation and flexibility in the allocation of clinical duties. This is to provide optimum registrar support and responsiveness to clients.
- On weekends and public holidays from 0830-1630hrs a Senior Medical Officer is rostered to cover the Inpatient Wards. The SMO's responsibilities are to undertake duties that are otherwise the responsibility of the on duty Registrars. The on duty registrars are not expected to undertake tasks on the Inpatient unit during these hours unless the rostered SMO is unavailable.

Final Year Advanced Trainees may be supported in taking on roles with additional responsibilities consistent with the training requirements of The Royal Australian & New Zealand College of Psychiatrists to assist with the transition to Consultant role once fellowship is obtained. This may include duties after hours on the Consultant roster supported and buddied by a Consultant colleague. This will be negotiated and discussed with the Registrar on a case by case basis.

On- Duty

- • The Registrar will be rostered on either “A” or “B” long day duty, or “N” Night duty, or is on a rostered off duty sleep day on the CMDHB Mental Health Service roster.
- • “A” Long Day
- The “A” Registrar sees all inpatients at Middlemore Hospital including Tiaho Mai, Ward 35E any other hospital ward and all Middlemore Hospital Emergency Department patients. The Registrar is on duty and based at Middlemore Hospital
- • “B” Long Day
- The “B” Registrar sees all community presentations including to the NZ Police at Manukau Hub or other Police station and inpatients at Tamaki Oranga. The Registrar is on duty and based at Intake and Assessment and Home Based treatment at Kerrs Rd, Manukau.
- • “N”
- The Registrar rostered on “N” will covers all after hours duties described above for the A and B Registrar. The registrar is on duty and based at Middlemore Hospital.
- • “Z” Sleep day – not at work

Section 4: Cover

| <i>Other Resident and Specialist Cover</i> |
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| <p>Cover for weekly teaching days, planned and unplanned leave will be arranged by agreement within the service.</p> <p>There is an expectation that leave applications are submitted to Team Manager/Service Manager well in advance.</p> <p>Education leave to attend conferences or for study and exam purposes is granted in accordance with the provisions of the collective employment contract which includes adequate cover being arranged.</p> |

Section 5: Performance appraisal

| <i>Registrar</i> | <i>Service</i> |
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| <p><i>The Registrar will:</i></p> <ul style="list-style-type: none"> • Ensure they arrange a formal meeting with their supervising consultant at the outset of the run to discuss goals and expectations for the run, review and assessment times and one on one teaching time • Ensure review meetings are set at three months and six months to review progress against goals and expectations • Implement a corrective action plan under the advice of their Consultant where any deficiencies are identified | <p><i>The service will provide:</i></p> <ul style="list-style-type: none"> • An initial meeting with a nominated Consultant (who will usually be the designated Supervisor) and Team Manager/Service Manager to discuss goals and expectations for the run, review and assessment times and one on one teaching time. • An interim assessment report on the Registrar three months into the run, after discussion between the Registrar, designated supervisor and Team Leader/Service Manager. • The opportunity to discuss any deficiencies identified during the attachment. The designated supervisor will bring these to the Registrar's attention and discuss and implement a plan of action to correct them. If required the Training Facilitator will be involved. • A final assessment report on the Registrar at the end of the run, a copy of which is to be sighted and signed by the Registrar. |

Section 6: Hours and Salary Category

| <i>Average Working Hours</i> | | <i>Service Commitments</i> |
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| Basic hours (Mon-Fri) | 40 | |
| Rostered additional hours (inc. nights, weekends & long days) | 13.28 | |
| All other unrostered hours | 2.58 | |
| Total hours per week | 55.86 | |

Salary: The salary for this attachment is estimated to be a Category **C**